Menu

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| --- | --- | --- | --- | --- | --- | --- | --- |
| *Week One* | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Saturday*** | ***Sunday*** |
| *Breakfast* |  |  |  |  |  |  |  |
| *Which will include Cereal, Toast,*  *Fresh Fruit,*  *Condiments, Fruit Juice* | Free Range Egg  Butchers Chicken Sausage  Hash browns  (Vegetarian Sausages) | Belgian waffles  Canadian Maple Syrup  Streaky bacon | Creamy Porridge  Croissants | Back bacon  Poached Free Range Egg  (Vegetarian Sausages available) | Pain Au Chocolate  Fruit Platters | Dropped Scones  Maple Syrup  Honey | Flexible to fit in with trips |
| *Lunch* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar* | Greek Style Chicken  New Potatoes  Green Beans  Tzatziki | Roast Pork & Apple Sauce  Roast Potatoes  Carrots  Swede, Gravy | Spaghetti Bolognaise  Sweetcorn  Peas  Focaccia Bread | Macaroni with Bacon and a  Cheesy topping  Vegetable Medley  Garlic Bread | Battered Fish  Poached Fish  Steak cut Chips  Peas  Baked Beans | Pan Fried Steak  Parmenter Potatoes  Onion Rings  Mushrooms |  |
| *Dessert* | Chocolate Sponge  Chocolate custard | Eton Mess | Apple Pie  Cream | A variety of Melon | Banana Bread | Chocolate Crispies |  |
| *Soup of the day* |  | Soup of the Day |  | Soup of the Day |  |  |  |
| *Jacket filling* | Beans | Cheese | Spaghetti Hoops | Tuna and mayonaise | Beans |  |  |
| *Lunchtime*  *Vegetarian*  *Option.* | Greek style Quorn  New Potatoes  Green Beans  Tzatziki | Vegetable Pie  Roast Potatoes  Carrots  Swede, Gravy | Quorn Bolognaise  Sweetcorn  Peas  Focaccia Bread | Macaroni with a cheesy topping  Garlic Bread | Grilled Halloumi  Steak cut chips  Peas  Baked Beans | Vegan Steak  Parmenter Potatoes  Onion Rings  Mushrooms |  |
| *Supper* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar,* | Pasta with a variety of sauces  Garlic Bread  Broccoli | Chicken Burgers  Herby Potatoes  Corn on the cob  Coleslaw | Saucy Thighs and Wings  Wedges  Mixed Vegetables | Roast Beef  Yorkshires  Roasted New Potatoes  Carrots Broccoli  Gravy | Lamb Kofte  Pitta Bread  Minted yoghurt  Lyonnaise Potatoes, onions peppers, courgettes | Hunters chicken  New Potatoes  Sweetcorn  Peas |  |
| *Supper Vegetarian Option.* | Pasta with a variety of sauces  Garlic Bread  Broccoli | Bean Burgers  Herby potatoes  Corn on the cob  Coleslaw | Stuffed Peppers  Wedges  Mixed Vegetables | Roasted vegetable medley  Roasted New potatoes  Gravy | Vegetable skewers  Pitta bread Lyonnaise Potatoes, onions peppers, courgettes | BBQ Quorn fillet  New Potatoes  Sweetcorn  Peas |  |

Menu

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| *Week Two* | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Saturday*** | ***Sunday*** |
| *Breakfast* |  |  |  |  |  |  |  |
| *Which will include Cereal, Toast,*  *Fresh Fruit,*  *Condiments, Fruit Juice* | Free Range Egg  Butchers Chicken Sausage  Hash browns  (Vegetarian Sausages) | Belgian waffles  Canadian Maple Syrup  Ham and Cheese | Creamy Porridge  Croissants | Back bacon  Poached Free Range Egg  (Vegetarian Sausages available) | Pain Au Chocolate  Fruit Platters | Dropped Scones  With Canadian Syrup or Honey | Flexible to fit in with trips |
| *Lunch* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar* | Beef Cobbler  Mash Potatoes  Swede  Sauteed Cabbage Gravy | Chicken Fajitas  Served with potato wedges  Chilli sauce  guacamole | Beef Lasagne  Green Beans  Cauliflower  Garlic Bread | Butter chicken served with long grain rice  Peppers and courgettes  Naan bread | Sausage  Battered Sausage  Chips  Peas Beans | Southern Fried Chicken  Lyonnaise potatoes  Mixed vegetables |  |
| *Dessert* | Jam Sponge  Custard | Peaches and Cream | Apple Crumble  Custard | A variety of Melon | Rocky Road | Gâteaux |  |
| *Jacket filling* | Beans | cheese | Spaghetti Hoops | Cheese and onion | Beans |  |  |
| *Soup of the day* |  | Soup of the Day |  | Soup of the Day |  |  |  |
| *Lunchtime*  *Vegetarian*  *Option.* | Spanakopita  (spinach pie)  Mash Potatoes  Swede, cabbage Gravy | Vegetable wraps  Potato wedges  Chilli Sauce  Guacamole | Vegetable Lasagne  Green Beans  Cauliflower  Garlic bread | Sweet Potato and Bean Curry  Long Grain Rice  Peppers, courgettes | Vegan Skewers  Steak cut chips  Peas  Baked Beans | Vegan burgers  Lyonnaise Potatoes  Mixed vegetables |  |
| *Supper* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar,* | Meatballs in a tomato Sauce  Spaghetti  Garlic Bread  Sweetcorn, peas | Roast Lamb  Roast Potatoes  Carrots  Swede  Gravy | Chicken Tagliatelle Spinach and mushrooms  Warmed Rolls | Loaded Burgers  Parmenter Potatoes  Corn on the cob | Salmon  New Potatoes  Broccoli | BLT  Served with Curly Fries  Coleslaw  Soup of the day |  |
| *Supper Vegetarian Option.* | Falafel Balls in a tomato Sauce  Spaghetti  Sweetcorn, Peas  Garlic Bread | Vegetable Pie  Roasted Potatoes  Carrots Swede  Gravy | Vegan Pasta served with Spinach and mushrooms  Warmed Rolls | Vegan Burgers  Parmenter Potatoes  Corn on the cob | Sweet Chilli Quorn  New Potatoes  Broccoli | Vegan Cheese and Tomato Paninis  Curly Fries  Coleslaw, Soup |  |

Menu

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| *Week Three* | ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Saturday*** | ***Sunday*** |
| *Breakfast* |  |  |  |  |  |  |  |
| *Which will include Cereal, Toast,*  *Fresh Fruit,*  *Condiments, Fruit Juice* | Free Range Egg  Chicken Sausage  Hash browns  (Vegetarian Sausages) | Belgian waffles  Canadian Maple Syrup  Ham and Cheese | Creamy Porridge  Croissants | Back bacon  Poached Free Range Egg  (Vegetarian Sausages) | Pain Au Chocolate  Fruit Platters | Dropped Scones  With Canadian Syrup or Honey | Flexible to fit in with trips |
| *Lunch* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar* | Chicken carbonara  Served with Steamed Greens  Italian Breads | Chilli Con Carne  Long grain Rice  Mexican Sweetcorn  Garlic Bread | Roast Chicken  Sage and Onion Stuffing  Roast potatoes  Carrots, Broccoli  Gravy | Pork Stir Fry served with golden noodles in soy sauce  Chinese style vegetables | Homemade Sausage Rolls  Chips  Baked Beans  Garden Peas | Breaded Scampi  Loaded Jacket potatoes  Medley of vegetables |  |
| *Dessert* | Churros  Toffee Sauce | Rice crispy cakes | Fruit Cheesecake | Fresh fruit salad | Sultana Loaf | Doughnuts |  |
| *Jacket filling* | beans | cheese | Spaghetti Hoops | Cheese and onion | Beans |  |  |
| *Soup of the day* |  | Soup of the Day |  | Soup of the Day |  |  |  |
| *Lunchtime*  *Vegetarian*  *Option.* | Vegetable Carbonara  Steamed Greens  Italian Breads | Aubergine, Chickpea and Tofu Tray Bake  Mexican Sweetcorn, Garlic Bread | Veggie Wellington  Roast Potatoes  Carrots, Broccoli Gravy | Stir Fried Vegetables  Golden noodles in soy sauce  Chinese Style vegetables | Vegan Sausages  Chips  Baked Beans  Garden Peas | Battered Halloumi  Loaded Jacket Potatoes  Medley of vegetables |  |
| *Supper* |  |  |  |  |  |  |  |
| *Which will include Fresh Fruit, a variety of Desserts,*  *Full salad bar,* | Mince and onion Pie  Mashed Potatoes Cauliflower cheese  Gravy | Chicken goujons  Skinny Fries  Garden Peas | Pulled Pork Baps  Sweet Potato Fries  Medley of Vegetables | Chicken Katsu  Served With Rice  Sweetcorn | Beef Stew  Dumplings  Sauteed vegetables  Warm rolls | Pizza  Wedges  Garlic Bread  Coleslaw |  |
| *Supper Vegetarian Option.* | Vegetable Pie  Mashed Potatoes  Cauliflower cheese  Gravy | Vegan nuggets  Skinny Fries  Garden Peas | Hummus and Red onion Wraps  Sweet potato Fries  Medley of Veg | Veggie Katsu  Served with Rice  Sweetcorn | Vegan stew  Sauteed vegetables  Warm rolls | Pizza  Wedges  Garlic Bread  Coleslaw |  |