

Spring Menu 2023

WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST							Flexible to Fit in With Trips
Which will Include Cereal, Toast, Fresh Fruit, Condiments, Fruit Juice	Free Range Egg Butchers Chicken Sausage Hash browns Vegetarian Sausage	Belgian waffles Canadian Maple Syrup Streaky bacon	Creamy Porridge Croissants Fruit Smoothie	Back bacon Poached Free Range Egg	Pain Au Chocolate Fruit Platters Scrambled Egg	Dropped Scones Maple Syrup Honey	
LUNCH							
Which Will Include Fresh Fruit, a Variety of Desserts, Full Salad Bar	Pan Fried Chicken Breast Creamy Sauce Served Separately New Potatoes Green Beans	Roast Pork Roast Potatoes Honey Glazed Carrots Cauliflower Cheese Gravy	Spaghetti Bolognaise Sweetcorn Peas Focaccia Bread	Macaroni With Bacon and a Cheesy Topping Vegetable Medley Garlic Bread	Battered Fish Poached Fish Steak Cut Chips Peas Baked Beans	Gammon and Pineapple Parmenter Potatoes Onion Rings Seasonal Vegetables	
Dessert	Chocolate Sponge Chocolate Custard	Fruit Cheesecake	Apple Pie Cremé Anglaise	A Variety of Melon	Iced Sponge	Chocolate Crispies	
Soup of the Day	Soup of the Day		Soup of the Day		Soup of the Day		
Jacket Potato Filling	Cheese	Baked Beans	Tuna and Mayonnaise	Spaghetti Hoops	Cheese and Onion		
Lunchtime Vegetarian Option	Greek Style Quorn New Potatos Green Beans Tzatziki	Vegetable Pie Roast Potatoes Carrots, Cauliflower Cheese with Gravy	Quorn Bolognaise Sweetcorn Peas Focaccia Bread	Macaroni with a Cheesy Topping Garlic Bread Vegetable Medley	Grilled Halloumi Steak Cut Chips Peas Baked Beans	Vegan Steak Parmenter Potatoes Onion Rings	
SUPPER							
Which Will Include Fresh Fruit, a Variety of Desserts, Full Salad Bar	Chefs Curry Long Grain Rice Poppadom Battered Cauliflower Mango Chutney Raita	Chicken Burgers Herby Potatoes Corn on the Cob Coleslaw	Saucy Thighs and Wings Wedges Broccoli	Roast Beef Yorkshires Roasted New Potatoes Carrots Broccoli Gravy	Lamb Kofte Pitta Bread Minted Yoghurt Greek Salad	Hunters Chicken in a BBQ sauce New Potatoes Sweetcorn Peas	
Supper Vegetarian Option	Chefs Veggie Curry Long Grain Rice Poppadom Battered Cauliflower Mango Chutney Raita	Bean Burgers Herby potatoes Corn on the cob Coleslaw	Stuffed Peppers Wedges Garden Peas	Roasted Vegetable Medley Roasted New Potatoes	Roasted Vegetable Skewers	BBQ Quorn Fillet New Potatoes Sweetcorn Peas	



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WEEK TWO

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BREAKFAST							Flexible to Fit in With Trips
Which Will Include Cereal, Toast, Fresh Fruit, Condiments, Fruit Juice	Free Range Egg Butchers Chicken Sausage Hash browns Vegetarian Sausages	Belgian Waffles Canadian Maple Syrup Ham and Cheese	Creamy Porridge Croissants Fruit Smoothie	Back Bacon Poached Free Range Egg Vegetarian Sausages	Pain Au Chocolate Fruit Platters Scrambled Egg	Dropped Scones with Canadian Maple Syrup or Honey	
LUNCH							
Which Will Include Fresh Fruit, a Variety of Desserts, Full Salad Bar	Beef Cobbler Parsley Potatoes Carrots	Chicken Fajitas Served with Potato Wedges Chilli Sauce Guacamole	Curry of the Week Served with Naans Long Grain Rice Seasonal Vegetables	Beef Lasagne Green Beans Garlic Bread	Sausage Battered Sausage Chips Peas, Baked Beans	Southern Fried Chicken Sweet Potato Fries Mixed vegetables	
Dessert	Jam Sponge and Custard	Peaches and Cream	Apple Crumble Custard	A Variety of Melon	Rocky Road	Gâteaux	
Soup of the Day	Soup of the Day		Soup of the Day		Soup of the Day		
Jacket Potato Filling	Cheese	Spaghetti Hoops	Tuna and Mayonnaise	Baked Beans	Cheese and Onion		
Lunchtime Vegetarian Option	Vegetable Stew Parsley Potatoes Carrots	Roasted Vegetable Wraps with Potato Wedges Chilli Sauce Guacamole	Veggie Curry of the Week Long Grain Rice Seasonal Vegetables	Vegetable Lasagne Green Beans Garlic Bread	Vegan Roasted Veg Skewers Steak Cut Chips Peas and Baked Beans	Vegan Burgers Sweet Potato Fries Mixed Vegetables	
SUPPER							
Which Will Include Fresh Fruit, a Variety of Desserts, Full Salad Bar	Meatballs in a Tomato Sauce Spaghetti Garlic Bread Broccoli	Roast Lamb Roast Potatoes Carrots Swede Gravy	BLT Served with Curly Fries Coleslaw Soup of the Day	Chicken Goujons Herby Potatoes Corn on the Cob	Salmon in Sweet Chilli Sauce New Potatoes Broccoli	Beef Stroganoff Rice Broccoli	
Supper Vegetarian Option	Falafel Balls in a Tomato Sauce Spaghetti Broccoli Garlic Bread	Vegetable Pie Roasted Potatoes Carrots Swede Gravy	Vegan Cheese and Tomato Paninis Curly Fries Coleslaw Soup	Quorn Nuggets Herby Potatoes Corn on the Cob	Sweet Chilli Quorn New Potatoes Broccoli	Mushroom Stroganoff Rice Broccoli	



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WEEK THREE

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BREAKFAST							Flexible to Fit in With Trips
Which will include Cereal, Toast, Fresh Fruit, Condiments, Fruit Juice	Free Range Egg Chicken Sausage Hash Browns Vegetarian Sausage	Belgian Waffles Canadian Maple Syrup Ham and Cheese	Creamy Porridge Croissants Fruit Smoothie	Back Bacon Poached Free Range Egg Vegetarian Sausages	Pain Au Chocolate Fruit Platters Scrambled Egg	Dropped Scones with Canadian Maple Syrup or Honey	
LUNCH							
Which will include Fresh Fruit, a variety of Desserts, Full salad bar	Chicken Supreme Rice Broccoli	Chicken Kiev New Potatoes Green Beans Nicoise	Roast Turkey Sage and Onion Stuffing Roast Potatoes Carrots, Broccoli Gravy	Chilli Con Carne Rice Guacamole Focaccia Bread	Homemade Sausage Rolls Chips Baked Beans Garden Peas	Jacket Potato (and Filling Options) Medley of Vegetables	
Dessert	Churros Toffee Sauce	Rice Crispy Cakes	Lemon Sponge and Custard	Fresh Fruit Salad	Ice Cream Tubs	Doughnuts	
Soup of the Day	Soup of the Day		Soup of the Day		Soup of the Day		
Jacket Potato Filling	Cheese	Baked Beans	Tuna and Mayonnaise	Spaghetti Hoops	Cheese and Onion		
Lunchtime Vegetarian Option	Vegetable Supreme Broccoli Italian Breads	Aubergine, Chickpea and Tofu Tray Bake Mexican Sweetcorn Garlic Bread	Veggie Wellington Roast Potatoes Carrots, Broccoli Gravy	Vegetarian Con Carne Rice Guacamole Focaccia Bread	Vegan Sausages Chips Baked Beans Garden Peas	Jacket Potatoes (Option of Fillings) Medley of Vegetables	
SUPPER							
Which will include Fresh Fruit, a variety of Desserts, Full salad bar	Beef and Onion Pie Mash Potatoes Peas Gravy	Loaded Burgers Parmenter Potatoes Corn on the Cob	Pulled Pork Rolls Sweet Potato Fries Medley of Vegetables	Chicken Katsu Served With Rice Sweetcorn	Smoked Haddock Monté Carlo New Potatoes Kale	Pizza Wedges Garlic Bread Coleslaw	
Supper Vegetarian Option.	Vegetable Pie Mash Potatoes Peas Gravy	Vegan Burgers Parmenter Potatoes Corn on the Cob	Jackfruit Rolls Sweet Potato Fries Medley of Vegetables	Veggie Katsu Served with Rice Sweetcorn	Quorn Fille Monté Carlo New Potatoes Kale	Pizza Wedges Garlic Bread Coleslaw	

